



# Nutridate

Nutridate is written for teachers and students of human development, home economics, food technology, health and physical education related subjects.

Written by experienced authors and practitioners, the magazine includes a Media Watch column featuring recent news items, complimentary activities and a web-links section.

Each edition of Nutridate includes student activities addressing concepts and issues raised in the articles. All activities are developed by practicing teachers to provide an up-to-date and readily usable classroom resource. Four issues are published each year. In March, May, July and August.

Nutridate contains extended articles and commentary that focus on a range of key topics including:

- nutrition issues
- recent dietary initiatives and trends
- new directions in food
- nutrition and health



For further information  
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## 2011 Publications Program

The planned publication program for Nutridate is listed below. To ensure relevant, current and updated information is provided, some variations to the schedule may occur.

- Food Security for Immigrants and Refugees
- Functional Food
- The Road Safety Environment and Youth Activity Levels
- Food Futures - There's Food and Health but where's Nutrition?
- Children/babies food preferences and future health
- Part 2 of article Issues on Food sustainability in Australia
- A Food Guidance System for Australia – Foundation and Total Diets

### Distributed Electronically

The UpDate magazines are now distributed electronically allowing schools and teachers to print multiple quantities of each edition as they choose. This form of delivery can also further assist teachers in the classroom via school intranets.

Student activities writers include:

- Barbara Corstorphan (Consultant and writer)
- Peter Wright (Koonung Secondary School)
- Kathryn Holzheimer (Queensland Studies Authority)

### Warringal Publications

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### Back Issues—available by electronic delivery

Back issues of Nutridate may be purchased at prices indicated. (2010 volume is \$60.00; 2009-2008 volumes are \$40.00 each; 2007-2006 volumes are \$30.00 each.) Individual issues are available at \$15.00 each.

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No.1	Diets, Weight Loss And Detox Diets / Crowe Vital Vegetables - Enhanced Antioxidants / McMillan Price	
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No.3	Obesity In Different Socioeconomic Groups / Kyle Ball Food Labels - Friend Or Foe? / Clare Collins	
No.4	Issues On Food Sustainability In Australia / Martin Caraher & Dorothy Carey -Part 1 Are University Students Going Hungry? / Danielle Gallegos & Kai Ong	
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